## Faculty of Medicine of Harvard University Curriculum Vitae

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Place of Birth: Durham, NC

Education

2000 BS (Summa cum laude) Genetics University of Georgia

2004 MS Health and Medical Sciences University of California
Berkeley School of Public
Health

2006 MD Medicine University of California San

Francisco School of

Medicine

**Postdoctoral Training** 

06/06 - 06/09Clinical FellowInternal MedicineBrigham and Women's<br/>Hospital07/09 - 06/11Clinical FellowAdolescent MedicineBoston Children's Hospital01/10 - 05/10ScholarMedical EducationHarvard Macy Program for<br/>Educators in the Health

**Professions** 

**Faculty Academic Appointments** 

07/11 - 04/15	Instructor	Pediatrics	Harvard Medical School
05/15 - Present	Assistant Professor	Pediatrics	Harvard Medical School
11/15 - Present	Assistant Professor	Medicine	Harvard Medical School

### **Appointments at Hospitals/Affiliated Institutions**

Current

07/09 -AssociateMedicineBrigham and Women'sPresentPhysician(Internal Medicine)Hospital

07/11 - Assistant Medicine Boston Children's Hospital

Present Physician (Adolescent)

### **Other Professional Positions**

2000 - 2001 Research Assistant National Human Genome

Research Institute, Bethesda, MD

2001 - 2004 Teaching Assistant University of California

Berkeley Departments of Integrative Biology and Molecular Cell Biology,

Berkeley, CA

### **Major Administrative Leadership Positions**

<u>Local</u> 2008	Primary Care Chief Resident	Veterans Affairs Boston Healthcare System
2012 - Present	Director, Interprofessional Teaching and Educational Leadership	Boston Children's Hospital (Division of Adolescent/Young Adult Medicine)
2013 - 2015	Co-Director, Adolescent Medicine Elective	Harvard Medical School
2013 - 2015	Team Leader, Adolescent Medicine Medical Home Initiative	Boston Children's Hospital
2013 - 2016	Co-Director, Adolescent Medicine Resident Rotation	Boston Children's Hospital
2013 - 2016	Director, Humanistic Curriculum	Brigham and Women's Hospital
2013 - Present	Faculty Advisor, Medical Education Student Interest Group	Harvard Medical School
2014 - 2015	BWH Site Director, Introduction to the Profession (IN555.0)	Harvard Medical School
2014 - 2016	Cognitive Science Theme Director and Core Course Faculty	Harvard Macy Program for Educators in the Health Professions
2016 - Present	Co-Director	Harvard Macy Program for Educators in the Health Professions
2017 - Present	Course Director - Elective Longitudinal Course in Medical Education	Harvard Medical School (Medical Education)

## **Committee Service**

Local 2009 - Present	Transitions from Pediatric to Adult Centered Medical Care Committee 2009 - Present	Brigham and Women's Hospital/Boston Children's Hospital Member
2010 - 2014	Graduate Medical Education Committee 2010 - 2014	Boston Children's Hospital Member
2016 - 2017	Wellness & Mental Health Taskforce 2016 - 2017	Harvard Medical School Co-Chair

Professional	Societies	
2006 - Present	Massachusetts Medical Society	
2008 - Present	Society for General Internal Medicine	
	2015 - 2016	Abstract Reviewer (Educational Innovations)
2009 - Present	American Board of Internal Medicine	
2010 - Present	Boston Children's Hospital Academy of Medical Educators	
2010 - Present	Society for Adolescent Health and Medicine 2011 - 2013	Chair, Electronic Health Record Committee
2012 - 2013	The Obesity Society	
2012 - Present	Harvard Medical School Academy	
	2012 - Present	Member, Peer Observation Interest Group, Resident as Teacher Interest Group
2013 - Present	The American Heart Association	
	2014 - Present	Member, Atherosclerosis, Hypertension, and Obesity in the Young Committee
	2014 - Present	Abstract Reviewer (Epidemiology/Lifestyle)
2015 - 2017	American Society of Preventive Cardiology	
2016 - 2017	Society of Behavioral Medicine	

### **Editorial Activities**

Ad hoc Reviewer
Advances in Clinical Nutrition

American Journal of Preventive Medicine

**Human Reproduction** 

Hypertension

Journal of Adolescent Health

Journal of Clinical Lipidology

Journal of General Internal Medicine

Obesity

Pediatric Research

### **Honors and Prizes**

1998	Foundation Fellow	University of Georgia	Merit Scholarship
1999	Blue Key National Honor Society	University of Georgia	Honor Society
2000	Phi Beta Kappa	University of Georgia	Honor Society
2000	Sphinx Society	University of Georgia	Service and Leadership
2001	Outstanding Research Project	National Human Genome Research Institute	Research
2003	Outstanding Research	Northern California Alzheimer Association	Research
2005	Humanitarian Fellowship	Soroptomist Pacific Region	Service and Leadership
2005	Primary Care Fellowship	MacKenzie Foundation	Service and Leadership
2006	Alpha Omega Alpha	UCSF	Honor Society
2008, 2011, 2016	Excellence in Tutoring Award	HMS	Education
2008	Resident Mentor Award	BWH	Education
2009	Golden Stethoscope	BWH	Education
2012	Medical Educator Award for Innovative Scholarship	BCH Academy of Medical Educators	Education

2013	Associate BIRCWH Scholar	Building Interdisciplinary Research Careers in Women's Health Program Brigham and Women's Hospital	Research
2013	Estherann Grace Teaching Award	BCH, Division of Adolescent/Young Adult Medicine	Education
2013	Research Poster Award for Excellence in Women's Health & Gender Biology	Connors-BRI Center for Research on Women's Health and Gender Biology	Education
2014	Blue Key Young Alumnus Award	University of Georgia	Honor Society
2014	Curtis Prout Academy Fellow in Medical Education	Harvard Medical School Academy	Education
2014	Finalist, Sandra A. Daugherty Award for Excellence in Cardiovascular Disease or Hypertension Epidemiology	American Heart Association	Research
2015	Excellence in Ambulatory Lecturing Award	Brigham and Women's Hospital	Education
2015	Nominee, Harvard Medical School Donald O'Hara Faculty Prize for Excellence in Teaching (Years I & II)	Harvard Medical School	Education
2015	University of Georgia 40 Under 40	University of Georgia	Alumni Honor

### **Report of Funded and Unfunded Projects**

## **Grants and Sponsored Research**

### Past

2009 - 2011 An Educational Intervention to Increase Preventive Care Services Provided to Adolescent and Young Adult Patients by Internal Medicine Physicians

Aerosmith Endowment Fund for the Prevention and Treatment of HIV, Internally

Funded - CHBO, Aerosmith PD/PI (Direct Cost: \$4,676)

The goal of this project was to develop, pilot and assess the effectiveness of an

educational intervention designed to increase screening of adolescents and young adults for sexually transmitted infections, substance abuse, and mood disorders. I designed an interactive educational module utilizing adolescent patient instructors, created and validated a survey for use in the evaluation of the module's effectiveness and collected provider-level data on screening practices via a patient data research registry.

2012 - 2013 Improving End of Year Handoffs of Resident Primary Care Panels
BWH Department of Medicine Support for Excellence in Educational Development
(SEED) Grant, Non-Federal i.e., Foundation, Trust, Foundation
Mentor (PD/PI: Sonja Rakowski)

The goal of this project was to assess whether annual resident physician graduation was associated with increased adverse events for residents' primary care patients. I mentored Dr. Rakowski on all aspects of the study including grant submission, study design, institutional review board submission, data collection, interpretation of data, and manuscript preparation.

2012 - 2013 A Cooking and Eating Study (CES)
Thrasher Foundation, Non-Federal i.e., Foundation, Trust, Foundation
Co-Investigator (PD/PI: Cara Ebbeling)

The goal of this randomized controlled trial was to test the effectiveness of a low glycemic index diet compared to a low-fat diet for reducing bioavailable testosterone in adolescents with polycystic ovarian syndrome (PCOS). I performed study examinations, supervised recruitment of participants, interpreted study data for referring physicians, and participated in data analysis and manuscript preparation.

2012 - 2014 Adolescent predictors of cardiovascular disease in women: genetic, hormonal, and environmental influences
National Heart, Lung, Blood Institute Loan Repayment Program, Federal
PI (Direct Cost: \$0)

The goal of this project was to understand contextual factors conducive to the maintenance of cardiovascular health in young women in the National Longitudinal Study of Adolescent Health and the Developmental Origins of Health Disparities Study, with a focus on the impact of early life adversity and stress response.

2012 - 2013 Predictors of maintenance of ideal cardiovascular health throughout the life course in women

Mccarthy Family Foundation, Non-Federal i.e., Foundation, Trust PD/PI (Direct Cost: \$10,000)

The goal of this project was to understand contextual factors conducive to maintenance of cardiovascular health in young women in the National Longitudinal Study of Adolescent Health and Developmental Origins of Health Disparities Study, with a focus on the impact of early life adversity and the stress response.

2013 - 2015 Comparative effectiveness of adolescent lipid screening and treatment strategies Patient Centered Outcome Research Institute, Non-Federal i.e., Foundation, Trust, PCORI

Co-Investigator (PD/PI: Sarah De Ferranti)

The goal of this study was to improve decision-making regarding lipid screening and treatment in adolescents by characterizing adolescent and parent preferences regarding lipid screening and treatment and examining the comparative effectiveness of different screening and treatment strategies. I designed developmentally appropriate research materials for adolescents, supervised recruitment of participants, created educational materials regarding adolescent decision-making for stakeholder panels, interpreted results, contributed to manuscript preparation, and authored 2 first-author papers from this project.

2014 - 2015

Creation of a Curriculum in Medical Education for the HMS Academy Medical Student Interest Group

HMS Academy Medical Education Fellowship, Hospital, HMS Academy Medical

Education Fellowship

PD/PI (Direct Cost: \$22,846)

The goal of the project was to develop a curriculum in medical education for undergraduate students in the HMS Academy Medical Student Interest Group (MEDSIG), encompassing four key areas in medical education: direct teaching, curricular design, educational leadership and scholarship.

2013 - 2016

Cardiovascular health across the lifespan: developing a novel prediction model Boston Children's Hospital (Shore Fellowship), Hospital, OFD PD/PI (Direct Cost: \$100,000)

The goal of this project is to conduct a preliminary analysis within the Coronary Artery Risk Development in Young Adults (CARDIA) study to develop a novel prediction model for cardiovascular health in late adolescents and young adults.

2015

Implementation and Evaluation of the Academy for Eating Disorders Medical Guide within a Pediatric Learning Community
Academy of Eating Disorders, Non-Federal i.e., Foundation, Trust, AED PD/PI (Direct Cost: \$10,000)

The goal of this project is to study implementation of the Academy for Eating Disorders Medical Guide in a diverse group of practices representative of general pediatrics practice in the United States. We will evaluate the use of the guide using two educational strategies: in-person discussion combined with practice improvement initiatives and electronically delivered questions to reinforce key concepts.

2015 - 2016

Adolescent Social Media and Health Study Aerosmith Endowment Fund for the Prevention and Treatment of HIV, Non-Federal i.e., Foundation, Trust, Aerosmith PD/PI (Direct Cost: \$3,500)

The goal of this project is to assess adolescent and young adult attitudes toward the use of social media for communication of health-related information.

2016

Transforming team-learning teaching cases in public health for online platforms: an e-learning module development project Harvard Initiative for Teaching and Learning (HILT), Higher Education Co-Investigator (PD/PI: S. Bryn Austin)

Case method teaching is a hallmark of many of Harvard's schools and programs, including the Harvard-based training program STRIPED

(www.hsph.harvard.edu/striped), which has published six cases to date designed for traditional, in-person classroom implementation in public health settings. To learn how best to reach working professionals in the broader community served by Harvard's many areas of expertise, we sought support from the HILT Spark Grant Program to transform our STRIPED teaching cases for online delivery, consistent with current Harvard research on digital learning.

### **Training Grants and Mentored Trainee Grants**

2015 - 2020

Maintenance of Ideal Cardiovascular Health across the Life Course in Women (Active) National Institutes of Health (NIH), Federal, 1K23HL122361-01A1 PD/PI (Direct Cost: \$634,690)

The goal of this mentored career development award is to train the principal investigator in cardiovascular epidemiology, life course epidemiology, and mixed methods research techniques. The aims of the research are to create novel models which predict cardiovascular health from adolescence through young adulthood and to understand the adolescent and young adult perspective on cardiovascular health. These projects will lay the foundation for provides a targeted patient-oriented interventions with the potential to lead to substantial changes in the long-term health of women.

### Report of Local Teaching and Training

## Teaching of Students in Courses Report of Local Teaching and Training

### **Teaching of Students in Courses**

Harvard Medica	al School	
2008 - 2013	Patient Doctor I, II and IV (COMP)	Harvard Medical School
	10 medical students (evaluator)	1 session per semester
2012 - 2014	Introduction to the Profession (IN555.0)	Harvard Medical School
	8 medical students	4 sessions
2009 - 2016	Endocrinology and Reproductive Pathophysiology (IN757.ER)	Harvard Medical School
	10 medical students	4 sessions per week for 3 weeks
2017	Transitions to the Profession: Confidential Care of the Adolescent	Harvard Medical School

### Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

2010 - Present	Leadership Education in Adolescent Health Teaching Leadership Course	Boston Children's Hospital
	1st-year fellows in Adolescent Medicine	5 three-hour sessions over 12 weeks
2011 - Present	Adolescent/Young Adult Health for Internal Medicine Physicians	Brigham and Women's Hospital and Massachusetts General Hospital
2012 - 2016	Internal Medicine PGY-1 residents Humanistic Curriculum Facilitator	One-hour lecture, recurring Brigham and Women's Hospital
		1.5 hours session per month for 9 months
2009-2017	Core Adolescent Health Topics (STI screening and treatment, Puberty, Menstrual Disorders, Eating Disorders, Sports Medicine)	Boston Children's Hospital Boston, Massachusetts
	PGY1 Residents in Pediatrics	1 hour session 1 time per month for 12 months
2017	Advanced Adolescent and Young Adult Medicine	Brigham and Women's Hospital
2017	PGY2 and PGY 3 Residents in Internal Medicine	one time interactive session
2017	Cardiovascular Disease Screening in Teens	Boston Children's Hospital Pediatric Residents
2017	The Cognitive Science of Teaching and Learning	Brigham and Women's Hospital Internal Medicine residents
2013 - 2016	Complex Contraceptive Management	Boston Children's Hospital
	Adolescent Medicine Fellows	One-hour lecture annually
Clinical Supe 2009 - Present	rvisory and Training Responsibilities  Ambulatory Adolescent Medicine Clinic Preceptor - Boston Children's Hospital	1 session per week
2011 - Present	Adolescent Medicine Inpatient Ward Teaching Attending - Boston Children's Hospital	4-6 weeks per year

### **Formally Mentored Harvard Medical, Dental and Graduate Students**

2015 - 2016 Wen Fan Hu, HMS class of 2016

Creation of an MD/PhD Transition Course - Created, delivered, and evaluated a new curriculum for MD/PhD students at HMS transitioning back to the Principle Clinical

Experience.

2015 - 2017 Jasmine Rana, HMS class of 2017

Near-Peer Teaching - I served as Jasmine Rana's adviser within the HMS Masters in Medical Education Program. I supervised her creation of a near-peer teaching

elective for HMS students and preparation of a manuscript regarding the experience, published in Medical Teacher.

2015 - 2017 Rosawan Areemit, HMS class of 2017

The characteristics, supports and barriers of feedback provided to medical students: A mixed method study in a Tertiary care medical institute in Northeastern Thailand - I was the academic adviser and thesis committee chair for MMSc in Medical Education candidate Rosawan Areemit. I met with her regarding her course selection and thesis progress.

2016 - 2017 YunXiang Chu, HMS class of 2017

Writing and implementing the First Aid Curriculum: Towards a modular, flexible, and customizable medical school curriculum - I supervised Yun in a year long independent study of curriculum development for ScholarRX, meeting with her monthly to discuss core medical education projects and review her progress.

2016 - Bao Le. HMS class of 2018

Present Effectiveness of the new Integrated and Interactive Curriculum on the 1st year Medical

Students at UMP, Vietnam - I am the academic adviser and thesis committee chair for MMSc in Medical Education candidate Bao Le. I meet with him regarding his course

selection and thesis progress bimonthly.

2016 - Horatio Thomas, HMS class of 2018

Present Career Choice among Internal Medicine Post Graduate Trainees - I am the academic

adviser for MMSc in Medical Education candidate Horatio Thomas. I meet with him

regarding her course selection and thesis progress at least quarterly.

2017 - Felipe Piza, HMS class of 2018

Present Assessing metacognition awareness of evidence-based learning strategies' and

academic performance among medical students and faculty - I am the primary research mentor for Dr. Piza's masters thesis project and meet with him monthly.

2017 - Kelly Willis, HMS class of 2018

Present Effectiveness of an Adaptive Spaced Education Game for Behavioral Management

Training during Pediatric Residency - I am the primary research mentor for Dr. Willis's

masters thesis project and meet with her biweekly.

**Other Mentored Trainees and Faculty** 

2012 - 2013 Sonja Rakowski, MD

Career Stage: resident Mentoring Role: Mentor Accomplishments: Secured BWH SEED Grant for innovations in medical education; published manuscript with research

findings

2013 Shannon McGinty, MD

Career Stage: Adolescent Medicine Fellow Mentoring Role: Mentor Accomplishments: Manuscript published regarding young adult awareness of cardiovascular risk factors

Formal Teaching of Peers

No presentations below were sponsored by outside institutions

2012 Harvard Macy Educators in the Health One-hour workshop

Professions: Reaching the Top of Miller's Pyramid by Applying Quality Improvement Techniques to your

### Medical Education Project

2012	Adolescent Medicine CME: Hypertension in the Adolescent	Single presentation
2013	Adolescent Medicine CME: Addressing Cardiovascular Risk in Adolescents	One-hour workshop
2015	Adolescent Medicine CME: Dyslipidemia in Adolescents	Single presentation
2011 - 2015	Adolescent Medicine CME: Complex Contraceptive Cases	Single presentation annually
2015	Harvard Macy Educators in Health Professions: The Cognitive Science of Teaching and Learning	Two one-hour workshops
2015	Harvard Macy Educators in Health Professions: Smart Presentation Design Using Cognitive Science Principles	One-hour workshop
2016	Adolescent Medicine CME: Update in Adolescent Medicine	One 90-minute workshop
2015 - 2016	Adolescent Medicine CME: Updates in Contraception	Single presentation annually
2017	The New Learner's World Health Care Education 2.0	2 hours
2017	Teaching with Uncertainty to Foster Adult Development Harvard Medical Education Day	4 hours
2017	Oral Contraception101 Pediatric and Adolescent Gynecology C	2 hours
2011 - Present	Harvard Macy Educators in Health Professions Educational Research Projects Harvard Macy Program for Educators in the Health Professions	Seven two-hour workshops annually

### **Local Invited Presentations**

	Presentations as below were sponsored by outside institutions Deconstructing the Educational Encounter: use of microteaching to improve teacher skills / Workshop Boston Children's Hospital
2010	Promoting Ownership and Empowerment in Learning/Division Retreat / Workshop
2010	The Polycystic Ovarian syndrome and its Metabolic Consequences/Grand Rounds / Lecture Department of Pediatrics, Cambridge Health Alliance
2010	The Polycystic Ovarian Syndrome in Adolescents/Lunchtime Speaker Series / Lecture Brigham and Women's Hospital
2012	Screening for Dyslipidemia in Adolescents/ Quaility Rounds / Lecture Martha Elliot Health Center, Boston Children's Hospital
2012	The Hidden Curriculum in Adolescent Health / Workshop Division of Adolescent/Young Adult Medicine, Boston Children's Hospital
2013	Case Writing for Interdisciplinary Problem Based Learning / Workshop Division of Adolescent/Young Adult Medicine, Boston Children's Hospital
2013	Contraception for the Cancer Survivor / Lecture Dana-Farber Cancer Institute
2013	Eating Disorders: Diagnosis and Treatment/ Preventitive Cardiology Rounds / Lecture Department of Cardiology, Boston Children's Hospital
2013	Peer Observation of Teaching in the Clinical Setting / Academy Workshop Harvard Medical School
2013	Small Group Facilitation for Interdisciplinary Problem Based Learning / Workshop Division of Adolescent/Young Adult Medicine, Boston Children's Hospital
2014	Patient Outcomes after Graduation of Resident Primary Care Physicians / Oral Presentation Harvard Medical School
2014	What is Case Teaching?/Division Retreat / Workshop Division of Adolescent/Young Adult Medicine, Boston Children's Hospital
2015	Lessons learned from medical education project to increase preventitive services provided in resident primary care practices / Oral Presentation Harvard Medical School
2015	Integrating Leadership Training into Adolescent Health / Division Retreat Workshop Boston Children's Hospital
2016	Teaching the Digital Learner / Lecture Brigham and Women's Hospital
2016	Teaching Millennials: Bridging the Generations / Lecture

2017 Cardiovascular Health in Adolescents & Young Adults / Lecture

2017 Contraception Update / Grand Rounds

# Report of Regional, National and International Invited Teaching and Presentations

No presentations below were sponsored by outside institutions

Regional 2010	Cardiovascular risk assessment for adolescents and young adults / Workshop New England Regional Chapter of the Society for Adolescent Health and Medicine
2017	The Science of Learning and its Application to the Health Professions / Keynote/Plenary Address - Author & Presenter Evidence Based Education Providence, Rhode Island, United States
National	
<u>National</u> 2012	Enhance your adolescent medicine rotation: using teen instructors to teach pediatrics residents core interviewing and counseling skills / Workshop Pediatric Academic Societies Boston, Massachusetts (Selected Abstract)
2012	Cardiovascular risk assessment for adolescents and young adults / Workshop Society for Adolescent Health and Medicine New Orleans, Louisiana (Selected Abstract)
2013	Adolescents and Electronic Health Records: Is protecting privacy while ensuring access to information possible? / Workshop Society for Adolescent Health and Medicine Atlanta, Georgia (Selected Abstract)
2014	Application of pediatric and adult lipid treatment guidelines to U.S. adolescents / Oral Presentation American Heart Association Scientific Sessions Chicago, Illinois (Selected Abstract)
2014	Development of a novel interprofessional case-based curriculum in adolescent health / Oral Presentation Association of American Medical Colleges Medical Education Chicago, Illinois (Selected Abstract)
2014	Should they stay or should they go? Ethical issues during the transition from pediatric to adult centered care / Grand Rounds Norton Healthcare Louisville, Kentucky
2015	Staying Young at Heart: Achieving Life-long Cardiovascular Health Through Heart-Healthy Transitions / Workshop

Society for Adolescent Health and Medicine

Los Angeles, California (Selected Abstract) 2015 Addressing Atherosclerotic Risk in the Under 40 Crowd: Gaps in Guidelines and Gaps in Care / Workshop - Moderator American Heart Association Scientific Sessions Orlando, Florida 2015 Adolescent and Young Adult Medicine for the Internist / Oral Presentation - Author & Presenter Weill Cornell Medical College New York. New York 2015 Cognitive Science and Hospital-based Education / Oral Presentation - Author & Presenter Weill Cornell Medical College New York. New York 2016 Lipid Screening and Treatment in Adolescents / Lecture - Author & Presenter Women's Heart Health Conference Monterrey, California 2016 Adolescent Well Care / Lecture - Author & Presenter Women's Heart Health Conference Monterrey, California 2017 Preserving and Promoting Health During the Transition to Adulthood / Lecture - Author & Presenter Columbia University Medical Center Center for Behavioral Cardiovascular Health New York, New York, United States Young Adult Cardiovascular Health / Oral Presentation - Author & Presenter 2017 NHLBI Young Adult Cardiovascular Workshop Bethesda, Maryland, United States 2017 Inside Out: Examining our assumptions in education / Oral Presentation - Author & Presenter American Association of Medical Colleges Boston, Massachusetts (Selected Abstract) Difficult Cases in Pediatric Prevention / Oral Presentation - Author & Presenter 2017 American Heart Association Scientific Sessions Anaheim, California, United States International 2016 Fostering Joy in Medicine Through Art and Reflection / Oral Presentation International Conference on Physician Health Boston, United States (Selected Abstract)

## **Report of Clinical Activities and Innovations**

#### Current Licensure and Board Certification

2008 -Massachusetts Medical License

Present

2009 - Present	American Board of Internal Medicine
2012 - Present	American Board of Internal Medicine Subspecialty Certification: Adolescent Medicine

## **Practice Activities**

2009 - 2011	Inpatient Staff	Hospitalist Service, Faulkner Hospital	1 weekend per month
2009 - 2014	Ambulatory Care	General Adolescent Medicine, Boston Children's Hospital	3 sessions per week
2009 - 2015	Ambulatory Care	Reproductive Endocrinology, Boston Children's Hospital	0.5 session per week
2009 - 2017	Ambulatory Care	BWH Internal Medicine Associates, Brigham and Women's Hospital	1 session per week
2010 - 2011	Ambulatory Care	Preventive Cardiology Clinic, Boston Children's Hospital	2 sessions per month
2011 - Present	Inpatient Attending	Adolescent Medicine, Boston Children's Hospital	4-6 weeks per year
2014 - 2015	Ambulatory Care	General Adolescent Medicine, Boston Children's Hospital	2 sessions per week
2016 - Present	Ambulatory Care	General Adolescent Medicine, Boston Children's Hospital	1 session per week

Clinical Innovations					
Pulmonary Hypertension Young Women's Program (2012 - Present)	Created outpatient consultative service in collaboration with pediatric cardiologist Dr. Mary Mullen to provide comprehensive care for young women with PH				
Standardized Clinical Assessment and Management Plan (SCAMP) for Polycystic Ovarian Syndrome (2012 - Present)	Created plausible outcomes, clinical decision support algorithms, and data collection forms as part of hospital-wide quality improvement program; educated clinical staff on its use and served as co-leader of SCAMP projects for our Division				
Division of Adolescent/Young Adult Medicine Medical Home Initiative (2013 - 2015)	Led a multi-disciplinary team of physicians, nurse practitioners, nurses, clinical assistants, and ambulatory service representatives to enhance interprofessional care and continuity of care				

## **Report of Teaching and Education Innovations**

Evaluation of a Novel Interprofessional Case-Based Curriculum in Adolescent Health (2013 - 2015) This was a formal evaluation of a case-based curricular innovation within the Boston Children's Hospital Maternal and Child Health Bureau (MCHB) funded Leadership Education in Adolescent Health fellowship. We developed 6 inter-professional cases to teach core topics in adolescent health. I developed evaluation tools and supervised data collection by a research assistant for this project. This work was published in the Journal of Adolescent Health.

Adolescent Medicine Longitudinal Keystone Elective (2015 - 2016)

We created an educational innovation within the Boston Combined Residency in Pediatrics. We redesigned the required adolescent medicine rotation, changing from a one unidisciplinary experience to a three month experience interwoven with the disciplines of developmental medicine and advocacy. We are actively examining the differences between the two systems by comparing the course evaluations from the two years.

We will address in differences in learner satisfaction with the rotation, interest in the field and perceived competency in adolescent-specific areas.

## Report of Education of Patients and Service to the Community

#### **Activities**

No activities below were sponsored by outside institutions

2008 Hue University Medical Center and Charity Clinic/Other

Hue University Medical Center and Charity Clinic, Hue Vietnam: Provided volunteer medical services on inpatient internal medicine ward and in

outpatient free clinic

2011 Joslin/Guest Speaker

Joslin Diabetes Camp: Delivered seminar on transition to college for

youth living with Type I Diabetes

2012 - 2013 Harvard College Pre-Medical Society/Other

Harvard College Pre-Medical Society Mentoring Program: Mentored undergraduate students interested in medical careers, including providing bi-monthly experiences seeing patients with me in clinic and meeting

bi-annually for career advice

### **Educational Material for Patients and the Lay Community**

"Those educational materials below sponsored by outside entities are so noted and the sponsor(s) is (are) identified"

Books, monographs, articles and presentations in other media (e.g., video and websites, movies, television and radio) that educate the public about medicine, health or biomedical sciences

February 2016 Freshman Challenge: How To

Keep Kids Healthy, Happy In

College

Media Interview (NBC News)

http://www.nbcnews. com/feature/collegegame-plan/freshman -challenge-how-kee p-kids-healthy-happ y-college-n519376

### Educational material or curricula developed for non-professional students

John D O'Bryant School for Math Curriculum

and Science: Developed medical education curriculum for use in a high school physiology and

anatomy course

Patient educational material

2012	Adolescent Issues and Self-Esteem Building	Web Teaching Material (Pulmonary Hypertension Association)	
2012	Contributor for Young Men's Health Website	Web Teaching Material	http://youngmenshe althsite.org
2012	Living as a teen with chronic illness	Patient Education Materials (Pulmonary Hypertension Association)	-
2014	Psychosocial Support for PH Kids and Teens	Web Teaching Material (Pulmonary Hypertension Association)	
2015	Ask the expert: how to handle teen's high cholesterol	Thriving blog (Boston Children's Hospital)	http://childrenshospit alblog.org/
2015	Birth Control And Weight Gain: Myths and Realities	Weighing-In blog (Harvard Pilgrim Health Care)	http://weighinginblog .org
2016	5 tips to help teens stay heart healthy	Thriving blog (Boston Children's Hospital)	http://childrenshospit alblog.org/

## **Report of Scholarship**

### Peer-Reviewed Scholarship in print or other media

### **Research Investigations**

- Condit CM, Ferguson A, Kassel R, Thadhani C, Gooding H, Parrott R. An exploratory study of the impact of news headlines on genetic determinism. Science Communication. Forthcoming 2001; 22(4): 379-95.
- 2. **Gooding H**, Boehm K, Thompson RE, Hadley D, Francomano CA, Biesecker BB. Issues surrounding prenatal genetic testing for achondroplasia. Prenatal diagnosis. 2002 Oct 1; 22(10): 933-40. PubMed PMID: 12378581.
- 3. Rayburn LY, **Gooding H**, Choksi SP, Maloney D, Kidd, 3rd AR, Siekhaus DE, Bender M. amontillado, the Drosophila homolog of the prohormone processing protease PC2, is required during embryogenesis and early larval development. Genetics. 2003 Jan 1; 163(1): 227-37. PubMed PMID: 12586710; PubMed Central PMCID: PMC1462398.
- 4. Gollust SE, Thompson RE, **Gooding H**, Biesecker BB. Living with achondroplasia in an average-sized world: an assessment of quality of life. American journal of medical genetics. Part A. 2003 Aug 1; 120A(4): 447-58. PubMed PMID: 12884421.
- 5. Gollust SE, Thompson RE, **Gooding H**, Biesecker BB. Living with achondroplasia: attitudes toward population screening and correlation with quality of life. Prenatal diagnosis. 2003 Dec 15; 23(12): 1003-8. PubMed PMID: 14663838.
- Hull SC, Gooding H, Klein AP, Warshauer-Baker E, Metosky S, Wilfond BS. Genetic research involving human biological materials: a need to tailor current consent forms. IRB. 2004 May 1; 26(3): 1-7. PubMed PMID: 15281193.
- 7. **Gooding H**, Organista K, Burack J, Biesecker BB. Genetic susceptibility testing from a stress and coping perspective. Social science & medicine (1982). 2006 Apr 1; 62(8): 1880-90. PubMed PMID: 16198036.
- 8. **Gooding H**, Linnenbringer EL, Burack J, Roberts JS, Green RC, Biesecker BB. Genetic susceptibility testing for Alzheimer disease: motivation to obtain information and control as precursors to coping with increased risk. Patient education and counseling. 2006 Dec 1; 64(1-3): 259-67. PubMed PMID: 16860524.
- 9. Richmond T, Walls CE, **Gooding H**, Field A. Television viewing is not predictive of BMI in Black and Hispanic young adult females. Obesity. 2010 May 1; 18(5): 1015-20. PubMed PMID: 19876003; PubMed Central PMCID: PMC2861148.
- 10. **Gooding H**, Blood E, Sharma N. An educational intervention to increase internists' confidence with and provision of preventive services to adolescents and young adults. Teaching and learning in medicine. 2012 Jan 1; 24(4): 321-6. PubMed PMID: 23035999.

- 11. **Gooding H**, Walls CE, Richmond T. Food insecurity and increased BMI in young adult women. Obesity. 2012 Sep 1; 20(9): 1896-901. PubMed PMID: 21779092.
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